Wittering Primary School **Gluten Free** **Weeks Beginning 16.11.26 / 7.12.26 / 18.01.27 / 08.02.27 / 01.03.27 / 22.03.27**

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast ***(for users of Breakfast Club only)***	Selection of Cereals Toast, Fruit and Yoghurt (G)	Selection of Cereals Toast, Fruit and Yoghurt (G)	Selection of Cereals Toast, Fruit and Yoghurt (G)	Selection of Cereals Toast, Fruit and Yoghurt (G)	Selection of Cereals Toast, Fruit and Yoghurt (G)
Lunch	Fish with Mash Potato and Peas **Or** Seasonal Vegetable Pie and Peas **Followed by** Free From Cake	Mexican Tacos **Or** Veggie Burritos **Served with** Sweetcorn **Followed by** Melon Balls (M)	Roast Beef **Or** Quorn Pot Pie **Served with** Roast Potatoes Carrots & Cauliflower Gravy **Followed by** Fruit Jelly	Tuna Pasta Bake **Or** Tomato Pepper Pasta with Sweetcorn **Followed by** Ice Cream (M)	Chicken Nuggets **Served with** Fries Beans or Peas **Or** Jacket Potato **Followed by** Free From Fruit Cake
Tea (available for After School Club users only)	Sausage on Toast Vegetable Sticks Fruit and Yoghurt	Fish Finger Roll Fruit and Yoghurt	Cheesy Pasta & Homemade Garlic Bread Fruit and Yoghurt (M)	Meatballs in Gravy with Crusty Bread Fruit and Yoghurt	Chicken Mayo or Tuna Roll with Vegetable Sticks Fruit and Yoghurt

Jacket Potato's with the topping of the day followed by a pudding is now available daily!

Ham, Tuna or Cheese School Pack Lunches are available daily. Fresh Bread (White and Wholegrain) Available Daily. Fruit and Yoghurt are available each day as an additional dessert choice. Drinks are milk, water or juice. **Allergies: G=Gluten, E=Egg, M=Milk, F=Fish**

All items are subject to availability and subject to change.