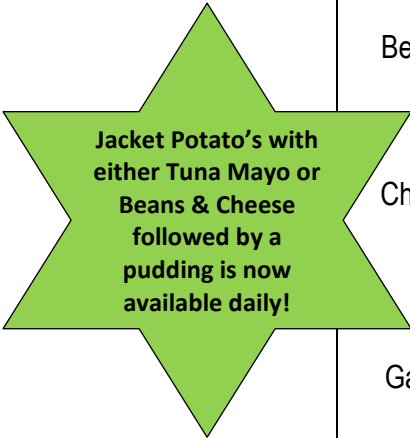


	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1					
Breakfast <i>(for users of Breakfast Club only)</i>	Selection of Cereals Toast, Fruit and Yoghurt (G,M)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)
	Beef Lasagne (G,M)	Fishcakes (G,F,M)	Roast Gammon	Salmon Fish Fingers (G,F)	Peperoni Pizza (G,M)
	Or Cheesy Pasta (G,M) Served with Garlic Slice (G) and Pea's	Or Quorn Nuggets (G) Served with Potato Wedges Spaghetti Hoops (G) Or Salad	Or Quorn Fillet (G) Served with Roast Potato Carrots and Broccoli Gravy	Served with Mash Potato Sweetcorn Or Quorn Beef Chilli Served with Rice and Naan (G)	Or Quorn Cheese Burger (G,M) Served with Potato Balls Beans or Peas
Lunch	Followed by Rice Pudding & Jam (M)	Followed by Pink Velvet Doughnuts (G,E,M)	Followed by Cookies (G,M)	Followed by Crimble Crumble (G)	Followed by Strawberry Whip with Sprinkles (M)
Ham, Tuna or Cheese School Pack Lunches are available daily. Fresh Bread (White and Wholegrain) Available Daily. Fruit and Yoghurt are available each day as an additional dessert choice. Drinks are milk, water or juice. Allergies: G=Gluten, E=Egg, M=Milk, F=Fish					
Tea <i>(available for After School Club users only)</i>	Chicken Mayo (M) or Cheese Wrap with Vegetable Crisps (G) Fruit or Yoghurt (M)	Jacket Potato with Beans and Cheese (G,M) Fruit or Yoghurt (M)	Tomato Pasta (G) with Garlic Bread (G) Fruit or Yoghurt (M)	Hot Dogs & Spaghetti Hoops (G) Fruit or Yoghurt (M)	Ham or Cheese Roll (G,M) with Vegetable sticks Fruit or Yoghurt (M)

All meals can be adapted to Gluten Free

All items are subject to availability and subject to change.