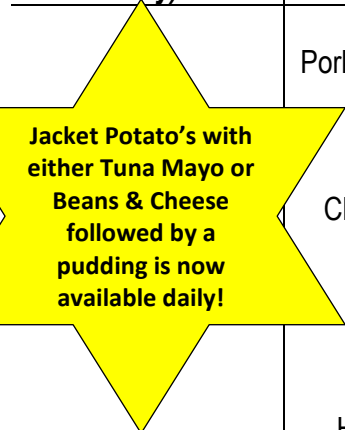


Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (for users of Breakfast Club only)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)	Selection of Cereals Toast, Fruit and Yoghurt (G,M)
	Pork Sausage Roll (G,M) Or Cheese & Onion Roll (G,M) Served with Swirly Potatoes Hoops (G) or Peas Followed by Ice Cream (M)	Beef Pasta Bolognese (G) Or Vegetable Lasagne (G,M) Served with Sweetcorn & Garlic Slice (G) Followed by Churros (G,E,M)	Roast Chicken Or Quorn Fillet (G) Served with Roast Potato's Carrots and Cauliflower Cheese (M) Gravy Followed by Fruit Salad	All Day Breakfast (Sausage, Bacon, Hash Brown & Beans) Or Vegetarian All Day Breakfast (Quorn Sausage (G), Hash Brown & Beans) Followed by Lemon Muffin (G,E,M)	Battered Fish (G) Served with Chips Or Vegetable Balti Served with Rice & Naan (G) Pea Or Salad Followed by Cinnamon Swirl (G,E,M)
	Lunch				

Ham, Tuna or Cheese School Pack Lunches are available daily. Fresh Bread (White and Wholegrain) Available Daily. Fruit and Yoghurt are available each day as an additional dessert choice. Drinks are milk, water or juice. **Allergies: G=Gluten, E=Egg, M=Milk, F=Fish**

Tea (available for After School Club users only)	Cheesy Pasta with Garlic Bread(G,M) Fruit or Yoghurt (M)	Quorn Cheeseburger with Vegetable Sticks (G,M) Fruit or Yoghurt (M)	Cheese Toastie & Vegetable Crisps (G,M) Fruit or Yoghurt (M)	Chicken Tikka with Naan (G.M) Fruit or Yoghurt (M)	Cocktail Sausage with Beans on Toast (G) Fruit or Yoghurt (M)
---	--	--	--	--	---

All meals can be adapted to Gluten Free

All items are subject to availability and subject to change.