

Friday 9<sup>th</sup> January

# Wittering Weekly Roundup



Happy New Year! We were excited to welcome back our wonderful students, and we must say, they have been absolute superstars this week. Everyone has settled back into the daily routines beautifully and we have finished the week with a wonderful achievers assembly this afternoon.

Looking ahead, we have lots of exciting things planned for 2026! We can't wait to share all the amazing experiences, learning opportunities, and fun activities throughout the year.

Don't forget to check out the Key Dates section at the bottom of the newsletter for important upcoming events.

Wishing you a fabulous start to the year!



# Families Centre



**Born to Play**  
Early Years and Childcare Service/  
Family Hubs Partnership

Join us at **Born to Play**, a welcoming playgroup in Peterborough for families with children aged 0 to 4.

We believe play is at the heart of everything and our sessions are full of **fun, creativity and connection**.

**Come and play with us!**  
Parents need to attend with their children.

**No need to book, just turn up!**

12 MON JAN  
19 MON JAN  
26 MON JAN  
2 MON FEB

2pm - 3pm  
Wittering Family Centre

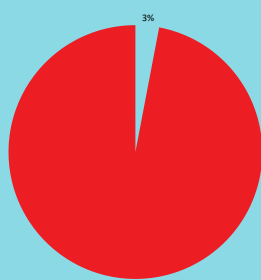
Wittering Families Centre's new exciting session 'Born to Play' starts Monday 11<sup>th</sup> January 2pm - 3pm

Monday	Tuesday	Wednesday	Thursday	Friday
10:00am – 11:00am 0 - 18 months	9:00am – 11:00am 0 – 5 years	10:00am-11:15am	9:00am start	09:30am – 10:30am
<i>Bumps To Babies</i>	<b>Stay and Play!</b>	<b>PEEP LEARNING TOGETHER PROGRAMME</b>	<b>Childcare Provider Group</b>	<b>Wittering Whizzkids!</b>
2.00pm-3.00pm (Starting 12 <sup>th</sup> January)	<b>No afternoon session</b>	EVERY WEDNESDAY TEAM TUSAM TEAMA TIME ONLY	2:00pm-3:00pm SEN Sensory 15 <sup>th</sup> January Sensory 29 <sup>th</sup> January	<b>No afternoon session</b>
<b>Born to Play</b>	<b>School Based Family Support</b>	(TBC)	<b>Sensory</b>	<b>School Based Family Support</b>

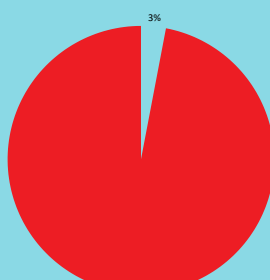
Like our Facebook page @WitteringFamiliesCentre for more information, updates and events.

## Weekly Attendance

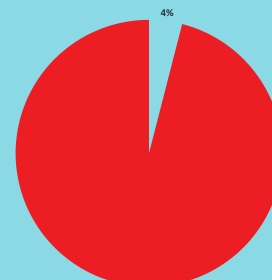
Our attendance across school this week is 96%. The top three year groups for attendance this week were:



Year 2



Year 1



Year 4

# Key Stage 1

This week Reception have looked at the changes in the weather and have talked about winter.

We thought about hibernation for some animals and how tricky it can be for birds and small animals to find food when it is frosty or icy. We have put bird feeders in the tree by our classroom window to help the birds and so that we can watch them.

Miss Sutherill




# Key Stage 2

This term Year 3 are starting to learn handball in PE and learn about Buddhism in RE. We are going to learn about vegetables in French and create an Egyptian mask in art.

Year 5 started swimming this week, they will have weekly lessons there final lesson will be on 10<sup>th</sup> February, year 4 will start swimming on 3<sup>rd</sup> March.

# Community News



## The CAYP Webinar Series

**Tuesday 13th January  
8:00-9:00pm**

### Big Feelings and Big Reactions: Making Sense of Your Child's Behaviour

With Consultant Clinical Psychologist  
Dr Daniel Weisberg

This session is going to look at what's really behind the behaviours you might be seeing, from outbursts and shutdowns to school avoidance. We'll explore factors like anxiety, sensory overload and burnout.

Dr Weisberg will share practical strategies to support co-regulation, manage big feelings and handle meltdown moments.

We will also cover how these difficulties affect school and how to work with schools to advocate for your child. You'll leave with clear, useful approaches to reduce conflict and strengthen connection, with the chance to submit questions in advance.

**Overview:**

- Meltdowns vs. tantrums
- Understanding what behaviours are communicating
- Transitions and triggers
- Co-regulation, big feelings and managing meltdown moments
- Anxiety, burnout and sensory overwhelm
- Practical strategies for home and school
- When to seek professional support

**Who can join:**  
This session is primarily for parents and carers of primary and high school aged-children, but anyone working with children is welcome to attend.

**Click here to book your place.**

Follow us on social media @cayp.psychology for all webinar updates.



### About Dr. Daniel Weisberg

Dr Daniel Weisberg is a Consultant Clinical Psychologist and the Managing Director of CAYP Psychology, an award-winning psychological healthcare service for Children, Adolescents, and Young People across the UK and online. Daniel has over a decade of experience working in NHS children's services and specialises in paediatric neuropsychology.

Daniel completed his PhD in children's emotional development and later trained as a Clinical Psychologist at the University of Manchester. His work has contributed to national and international research into child development, rare genetic and developmental differences, and paediatric neuropsychology. Daniel's psychological knowledge and understanding has been shared in social, local and national media. He founded CAYP Psychology in 2016 to ensure that children and families can access timely, high-quality independent psychological healthcare. CAYP has since grown into a team of over 100 clinicians, across 40 UK-wide clinics and online.

### About CAYP Psychology

CAYP Psychology (pronounced "cape") is an independent, clinical psychology-led service offering expert therapy and assessments for children and young people aged 0-18 (or up to 25 for autism assessments). We support a wide range of emotional, behavioural, developmental, and learning needs, and provide outstanding specialist assessments for autism, ADHD, dyslexia, and intellectual disabilities.

We work closely with both schools and parents, and our reports are frequently used in EHCP applications and education tribunals. With nearly 100 highly qualified clinicians across more than 40 UK locations and online, we are proud to deliver thoughtful, values-driven support for children, families, and schools.

Follow us on social media @cayp.psychology for all webinar updates.

[www.cayp-psychology.com](http://www.cayp-psychology.com)  
[enquiries@cayp-psychology.com](mailto:enquiries@cayp-psychology.com)



Please find below a link we have been asked to share, for a recently published guide by Dame Rachel de Souza the children's commissioner, **'What I wish my parents or carers knew: A guide for parents on managing children's digital lives.'** This guide is helpful and informative.

<https://www.childrenscommissioner.gov.uk/resource/what-i-wish-my-parents-or-carers-knew-a-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

## Polite Reminders



Please could we request that birthday treats are not sent in for children. Whilst we fully appreciate how wonderful this is, we have an increasing number of children with allergies that we need to consider. Many thanks for your understanding and support.



If your child is unwell and absent from school please ensure you let the school office know, rather than messaging teachers directly on Dojo. Please either leave a message on 01780 782336 or email [office@wittering.peterborough.sch.uk](mailto:office@wittering.peterborough.sch.uk)

# Key dates this Half Term

- Thursday 15<sup>th</sup> January - Deadline to apply for your child's reception place
- 16<sup>th</sup> February - 20<sup>th</sup> February - Half Term
- Wednesday 25<sup>th</sup> February - Reception and Year 6 Height and Weight Check
- Tuesday 3<sup>rd</sup> March - Vision Screening Reception only
- Thursday 5<sup>th</sup> March - Year 1 School Trip
- Thursday 26<sup>th</sup> February - Primary Dance Festival Year 2 & 4
- Friday 20<sup>th</sup> March - Jump Start Jonny Visit
- Thursday 23<sup>rd</sup> April - Year 2 School Trip
- Wednesday 6<sup>th</sup> May - Class Photo's
- 11<sup>th</sup> May - 15<sup>th</sup> May - Year 6 SATS
- 1<sup>st</sup> June - 12<sup>th</sup> June - Year 4 Multiplication test
- 8<sup>th</sup> June - 12<sup>th</sup> June - Phonics test Year 1 and Year 2's who did not previously pass
- Thursday 18<sup>th</sup> June - Sports Day
- Tuesday 22<sup>nd</sup> June - Reserve Sports Day
- Thursday 25<sup>th</sup> June - Year 3 & 4 School Trip
- Thursday 2<sup>nd</sup> July - Reception School Trip

## Class Assembly Timetable

- Thursday 22<sup>nd</sup> January - Miss Sears' class
- Thursday 5<sup>th</sup> February - Mrs March/ Mrs White's class
- Thursday 12<sup>th</sup> March - Miss Russon's class
- Thursday 19<sup>th</sup> March - Mrs Ledbrook's class
- Thursday 30<sup>th</sup> April - Mrs Thrower's class
- Thursday 21<sup>st</sup> May - Miss Griffiths' class
- Thursday 11<sup>th</sup> June - Miss Sutherill's class



[www.wittering.peterborough.sch.uk](http://www.wittering.peterborough.sch.uk)



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